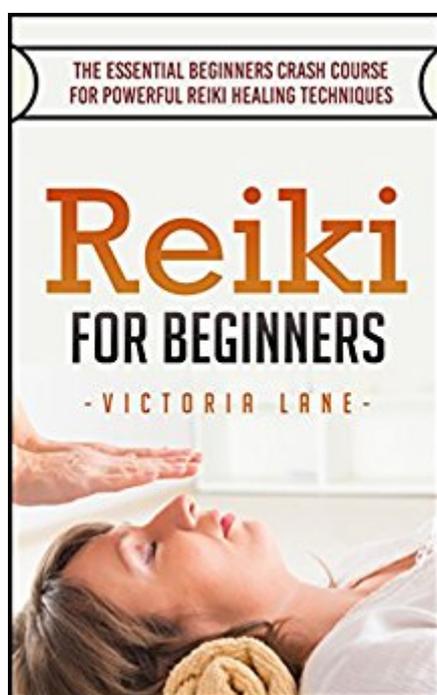


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# Reiki: For Beginners! The Essential Crash Course For Powerful Reiki Healing Techniques (Reiki Manual - Beginners Guide - Reiki Symbols - Aura - 100% Calm Mind)



## Synopsis

A Modern Guide to Reiki Do you want to have the ability to heal yourself and others? Are you looking to explore Reiki to help transform lives? Are you a beginner looking for a quick way to center yourself and restore balance to your life? GREAT NEWS You can learn all that and much more in the book: Reiki - The Essential Guide to Learning and Practicing Reiki A message from Reiki expert and best selling author Victoria Lane The Universe has landed you in the right place! My name is Victoria Lane and I have been practicing Reiki for over 20 years and have decided to pour my heart into writing this book because Reiki has changed my life for the better and I am confident it can do the same for you! You are going to get all my years of knowledge in this book as well as my top secret closely guarded secrets to mastering the art of Reiki faster than you ever thought possible. A Preview of: Reiki - The Essential Guide to Learning and Practicing Reiki \* What is Reiki? - You may have heard of Reiki but let's explore EXACTLY what it is in order to find a better understanding of how you can harness its healing powers to improve your life as well as others. \* History of Reiki - Reiki has a long and storied history. Let's take a walk down memory lane. \* Benefits of Reiki - Reiki has helped transform many people's lives physically, spiritually, and mentally. You are about to learn how it can do the same for you! \* The 5 Reiki Principles - These are the 5 principles on which the Reiki practice is built. \* The basics of Chakras - Let's delve into the healing Chakras and figure out what they mean and how knowing about them can help you. \* What is Attunement? - Reiki is based around attunement and tuning into your spiritual healing powers. This chapter will show you how to harness that power. Your Success story is just a click away! ..Simply scroll up and click the BUY button to instantly download Reiki - The Essential Guide to Learning and Practicing Reiki

## Book Information

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## Customer Reviews

I didn't know what the heck Reiki was and where it came from or how to apply it. This book is a great beginning to learn the basics of Reiki. Learning how to heal naturally is very important and this is the book to do it.

I was really impressed by this eBook. I've been interested and wanting to know more about Reiki for a long time. This guide answered all my questions in an easy to understand, concise way and has also piqued my interest to sign up for a class too. I've read quite a few other books about Reiki but most of them failed to keep my interest, some were too detailed and some didn't offer enough info. This one was just right. Definitely would recommend this eBook, especially if you are new to Reiki and want an overview of what it entails that is interesting and informative. Geraldine Helen Hartman, author of: Laughing AT the Grim Reaper! Gems of Wisdom for Aging Well

This book has received great reviews, I just wanted to point out that this book only covers the very basics of Reiki so if you are looking for what the title suggests then this is not the book for you. I did however find this book a great read. It explains the basics of reiki in very simple terms and is very easy to read and understand. I have thought about exploring reiki and after reading this book I am now convinced that this is the path I will take. I think this book is very well written and a great starting point with enough information to determine weather reiki is for you.

I had recently seen a TV show about Reiki and found it quite interesting so when I saw this book I got it to learn more. It tells of the history, the benefits, the basics and more. This is well researched and well written with lots of interesting information and advice. It is easy to read and follow with no confusing jargon. highly recommend

I had heard of reiki before, but never really found out what it was exactly. This book is a great guide for beginners because it goes over absolutely everything you need to know about it. I thoroughly enjoyed reading this book and you can definitely tell that the author knows what they are talking about. Overall great read!

I just finished Level 1 Reiki and I found this book quite a comprehensive review. It was easy to read and easy to understand. I would recommend it for those who want to know more about the ancient art of healing called Reiki.

This book was wonderful. It might be short but what it lacks in page numbers it makes up for with information. I feel That I now have a good insight to reiki, and it has helped me make the decision to find a reiki master and 'learn' it myself.

I have become interested in the subject of Reiki and after finding and reading this book it has answered many questions to what REIKI is and what is involved. Thanks to this book I will pursue this further.

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